

1st Annual FSPMR Focused Meeting: Agenda At-A-Glance

October 9–10, 2026 | The Wave Hotel Lake Nona



FRIDAY, OCTOBER 9, 2026 (General Session: Wave Ballroom B & C)

- 3:00 – 3:05 PM **Welcome & Introductions**
Program Chair: Marc Gerber, MD
- 3:05–3:25 PM **Epidurals and/or Mid-Column Pain**
Ben Westerhaus, MD
Interventional Spine & Pain Management Cantor Spine Center at Paley Orthopedic & Spine Institute
West Palm Beach, Florida
- 3:25 – 3:35 PM Q&A
- 3:35–4:05 PM Poster Presentations
- 4:05–4:40 PM **Keynote Presentation**
Greg Chaires, Esq.
Board Certified Healthcare Attorney, Chaires, Brooderson & Guerrero | Orlando, Florida
- 4:40–4:50 PM Q&A

Exhibit Hall (Wave Ballroom A)

- 3:35–4:05 PM Break with Exhibitors
- 5:00–5:30 PM **Meet & Greet** BOD, Fellows & Students, Program Director & Residents
Invitation Only – Social
- 5:00–5:30 PM RR – Grab Your Spouse/Family & Head to the Exhibit Hall
- 5:15–6:45 PM Reception with Exhibitors

6:45–9:00 PM

Friday Night Dinner & Membership
Meeting on the Reflection Lawn

Guest and Vendor Tickets Available

SATURDAY, OCTOBER 10, 2026

- 7:30–8:00 AM Breakfast with Exhibitors Location: Wave Ballroom A
- 7:30–8:00 AM Poster Presentations Location: Wave Ballroom B & C
- 8:00–8:05 AM Welcome & Introductions Program Chair: Marc Gerber, MD Location: General Session/Ballroom B & C
- 8:05–9:30 AM **5 RESIDENT PRESENTATIONS** Expert Panel: Diana Hussain, MD; Craig Lichtblau, MD; Andrew Dubin, MD
- 8:05–8:20 AM (#1) **5 Neuro Deficits After Roux-en-Y: A DX Challenge Presenting as a Stroke-Like Episode**
Arinze Ochuba, MD; Adrian Ybanez, DO | University of Central Florida/HCA FL West Hospital
- 8:20–8:35 AM (#2) **Current Evidence on Tennis Equipment and Upper Extremity Injury Risk: A Scoping Review**
Apollo Tran, DO | USF Morsani College of Medicine/HCA Blake Medical Center, Bradenton
- 8:35–8:50 AM (#3) **Atraumatic Central Cord Syndrome**
Elisa Chaparro, MD; Sophia Draughon | Larkin Community Hospital
- 8:50–9:05 AM (#4) **Malignancy Beyond the Mass: A Case of Paraneoplastic Dermatomyositis, Dysphagia, & Functional Freefall**
Sydney Woods, MD | Mayo Clinic Jax/Brook
- 9:05–9:20 AM (#5) **Botulinum Toxin Type A Chemodenervation for Iliopsoas Tendinopathy Post Anterior Total Hip Arthroplasty**
H. Nugnala | Larkin Community Hospital
- 9:20–9:30 AM Q&A

9:30–9:50 AM	Keynote Part 1: His Story Munjed Al Muderis, MD, Professor/Orthopaedic Surgeon, Paley Orthopedic & Spine Institute, West Palm Beach, Florida	BREAKS Exhibit Hall 9:50–10:20 AM Break with Exhibitors 12:10–1:05 PM Lunch 1:05–1:15 PM RR Break
9:50–10:20 AM	Poster Presentations Location: General Session	
10:20–10:40 AM	Keynote Part 2: Osseointegration Munjed Al Muderis, MD, Professor/Orthopaedic Surgeon Paley Orthopedic & Spine Institute, West Palm Beach, Florida	
10:40–10:50 AM	Q&A	
10:50–11:10 AM	EMG in Orthopedics: Navigating Overcalls and Undercalls Rebecca McConnell, DO Board-Certified Physiatrist Rothman Institute Orlando, Florida	
11:10–11:20 AM	Q&A	
11:20 AM–12:00 PM	Keynote: Federal/Legal Avoid Black & White Stripes Jennifer Bolen, JD	
12:00–12:10 PM	Q&A	
1:15–1:35 PM	Neuromuscular – Mimics and Masqueraders Andrew Dubin, MD, Chair, Department of PM&R, Clinical Professor of PM&R, University of Florida, Gainesville, Florida	
1:35–1:45 PM	Q&A	
1:45–2:05 PM	Latest Evidence on Transcutaneous Spinal Cord Stimulation Kenneth Ngo, MD, Medical Director, Brooks Rehabilitation Hospital, Jacksonville, Florida	
2:05–2:15 PM	Q&A	
2:15–2:35 PM	AP Spine: Studying Anterior versus Posterior Column Low Back Pain Brian Goldberg, MD, Physician Associate, Rothman Orthopaedic Institute, Orlando, Florida	
2:35–2:45 PM	Q&A	
2:45–3:05 PM	Exercise and Rehabilitation in Bone Metastases: Restoring Function Safely Diana Molinares, MD, Associate Professor; Director of Oncology Rehabilitation Medicine, SCCC, Program Director, Physical Medicine and Rehabilitation Residency, Department of Physical Medicine and Rehabilitation, University of Miami Miller School of Medicine, Miami, Florida	
3:05–3:15 PM	Q&A	
3:15–3:35 PM	Regenerative Medicine in PM&R: Separating Science from Hype—Evidence, Mechanisms, & Clinical Reality Diana Hussain, MD, Founder and CEO, Florida Wellness and Regenerative Medicine, Orlando, Florida	
3:35–3:45 PM	Q&A	
3:45–4:00 PM	RR & Beverage Break and PSA Announcement: Marc Gerber, MD, Board-Certified Physiatrist and Owner, MRG Rehabilitation & Pain Management, Orlando, FL	
4:00–4:20 PM	Resident Awards Presentations & Photos Expert Panel: Diana Hussain, MD; Craig Lichtblau, MD; Andrew Dubin, MD	
4:20–4:40 PM	Unlocking the Hip: A Practical Approach to the Diagnosis and Management of Hip Pain Tunc Kiyamaz, MD, Sports Medicine Physician, Rothman Orthopaedics Institute, Orlando, Florida	
4:40–4:50 PM	Q&A	
5:00 PM	Adjourn	