Workers Compensation and Personal Injury: The Good, the Bad and the Ugly

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Workers Compensation and Personal Injury: The Good, the Bad and the Ugly

Nothing to disclose

• The first Law of Painodynamics: Pain cannot be created or destroyed, it can only be converted from one form or patient to another.

<u>Individual Patient Example</u>: If you completely relieve a patients pain, they will develop a completely new pain within three months.

Pain Practice Example: If a patient comes into the office completely relieved of pain, another patient will call in pain crisis during the same half day.

Laws of the Pain Palace

- A good block cannot cure a bad patient.
- Just because a patient is psychotic doesn't mean they don't have physical pain.
 - <u>Corollary</u>: Just because a patient has physical pain doesn't mean they aren't psychotic.
- What you said ain't what they heard (ever).
- If an abnormality is ever found on MRI, the patient's pain will migrate to the dermatome of that abnormality within 6 weeks (6 days for nurses).

Show by marking the drawing of tile back and front of the figures below where you are having most of your:

Aching or pain - XXXXXXXX

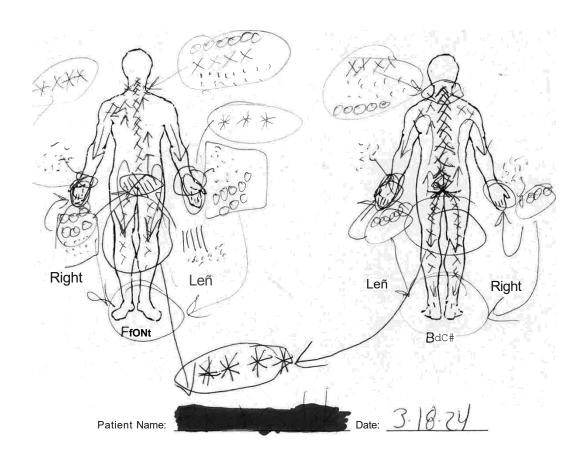
Pins and needles -

Burning - / / / / / / /

Numbness and tingling —0000000

Cramping - * * * * * * *

Draw arrows showing where the pain goes or shoots to



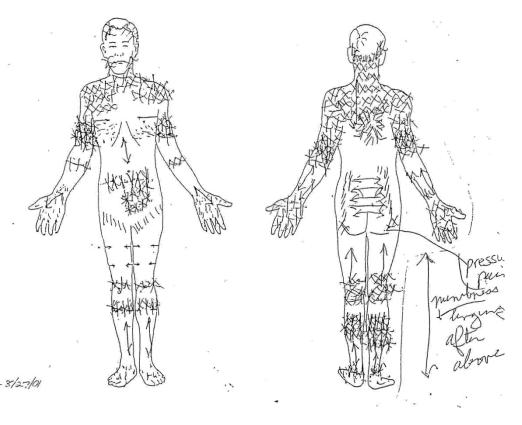
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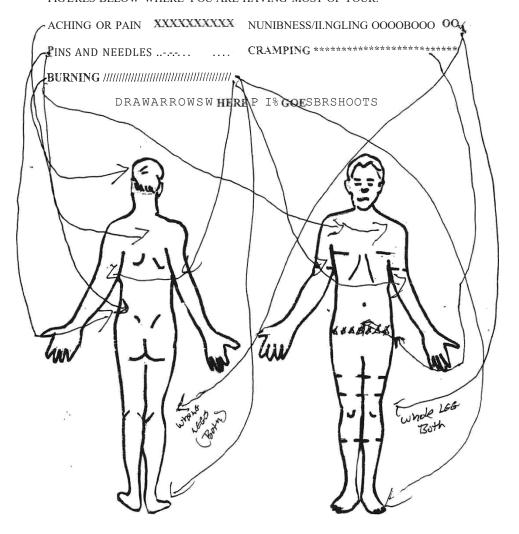
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25 YVest Kaley it., Suite 300

Orlando, FL 32f/O6

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The Key Players

Work Comp

- Adjuster directs the care and chooses the doctor and other providers
- Nurse case managers when involved they are very important
- Attorneys not always involved
- You have 30 days to report an injury

Personal Injury

- Medical Providers may initially be a chiropractor, or physician
- Attorneys usually but not always involved
- In auto patients have 14 days to seek medical care

In Workers Comp: (No Jury)

- Pain or other subjective complaints alone, in the absence of other objective relevant medical findings, are not compensable.
- Cases may be heard in front of an administrative law judge.

In Personal Injury (may have a jury trial)

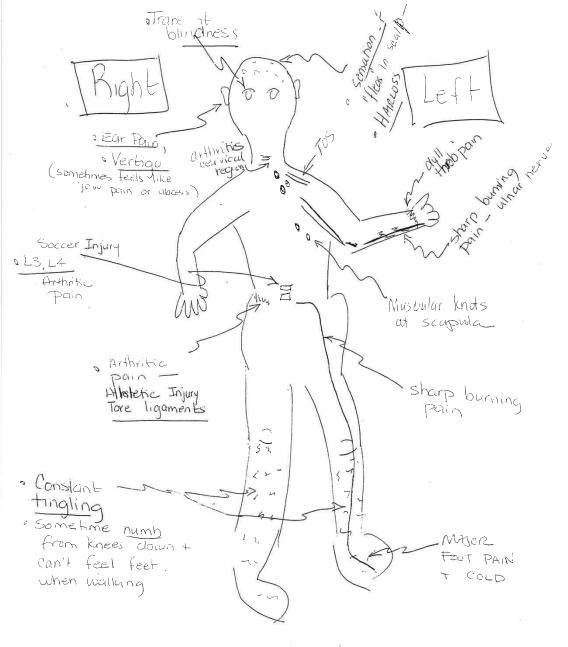
 Pain and suffering, whether physical or emotional, are damages that can be awarded. These are not easily quantifiable and vary greatly.

Major Contributing Cause -MCC (Statute 440.09)

 The cause which is more than 50% responsible for the injury as compared to all other causes combined for which treatment or benefits are sought.

Permanent Partial Impairment (Statute 440.02)

- Used to assess the extent of a worker's permanent impairment resulting from a workplace injury or illness.
- Any anatomic or functional abnormality or loss determined as a percentage of the body as a whole, existing after the date of maximum medical improvement, which results from the injury.



* Transient joint pain
* Varying degrees of muscular pain

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Maximum Medical Improvement – MMI (Statute 440.02)

 The date after which further recovery from, or lasting improvement to an injury or disease can no longer reasonably be anticipated, based upon reasonable medical probability.

According to the AMA Impairment Guides, 6th Edition

- Aggravation: Permanent worsening of a pre-existing condition. A physical, chemical, biological or other factor which results in an increase of symptoms, signs, and/or impairment that never returns to baseline, or what would have been except for the aggravation (the level predetermined by the natural history of the antecedent injury or illness).
- Whereas an Exacerbation: Temporary worsening of a pre-existing condition. Following a transient increase in symptoms, signs, disability, and/or impairment, the person recovers to his or her baseline status, or what would have been had the exacerbation never occurred.

Independent Medical Exam (IME) Statute 440.13

- A physician selected by either an employee or carrier to render one or more independent medical examinations in connection with a dispute arising under this chapter.
- An objective evaluation of an injured employees medical condition. Generally performed by a physician not involved in the patient's care.
- No doctor-patient relationship exists
- These can be done in both personal injury and work comp cases.

Personal Injury

<u>Advantages</u>

- Can be very lucrative if you have good referral sources
- Generally, get paid better per visit than traditional insurance as you can set the fees within reason

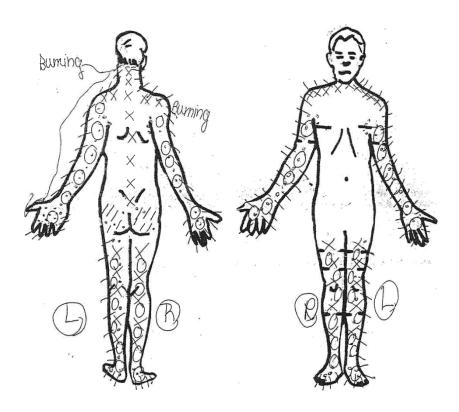
<u>Disadvantages</u>

- May have delayed reimbursement if insurance benefits have been exhausted
- Need to work closely with attorneys that often expect opinions that favor their clients; The attorneys are often your referral sources
- May be scrutinized or audited by insurance companies if you engage in overutilization of procedures or overtreatment, excessive billing charges, etc.

SHOW BY MARKING THE DRAWING OF THE BACK AND FRONT OF THE FIGURES BELOW WHERE YOU ARE HAVING MOST OF YOUR:

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DRAW ARROWS WHERE PAIN GOES OR SHOOTS

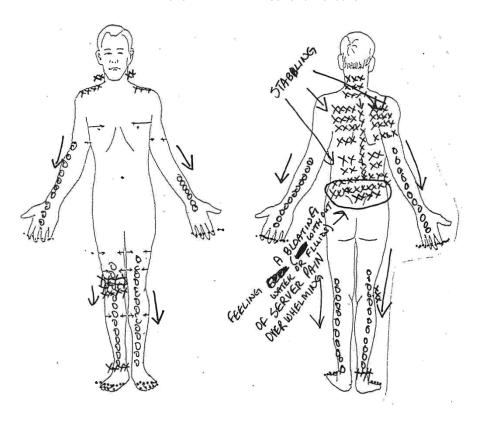


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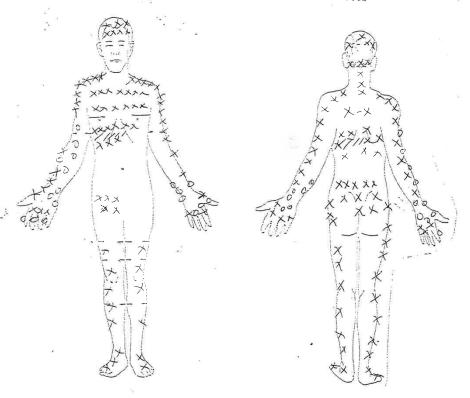
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DRAW ARROWS WHERE PAIN GOES OR SHOOTS



Tel: (407) e31-224

MICHAEL J. BROOM, M.D. MARC R. CERBER, M.D. Seculiary in Surgest & Nun-Surgest Seme Cire 25 West Kalley St., Suite 300 Orlando, FL 32506

Both Personal Injury and Work Comp

- If you are a fair and competent physician and give opinions based on objective findings you will do well.
- Plaintiff and Defense attorneys usually want the truth. You will have to walk a fine line between good and evil but ultimately you need to give an opinion. Sometimes it will help your referral source and sometimes not, but if you base it on fact they will respect you. There are doctors that lose credibility because they say whatever benefits the referral source.

Benefits of Treating Work Comp

- Can negotiate outside of the fee schedule
- Physician dispensing is available
- Steady flow of new patients
- Work comp is its own "island" separate from medicare and other insurance carriers
- If you take the time to learn the system and do it right, it can become a large part of your practice.

Disadvantages of Treating Work Comp

- May be more paperwork than other insurances (you can bill for your time in filling out forms)
- If you are indecisive or don't like being put on the spot, it will be stressful (Conferences and depositions are routine)
- You have to give opinions and stick to them
- You need to be a team player and talk to others when needed. (i.e. adjusters, nurse case managers, attorneys, PT/OT, psychiatrists and other physicians

DWC 25

5-44-W-4		
<u></u>	on Unitarii Nedical Treatment/St ORM, PLEASE CAREFULLY REVIEW THE INSTRU	<u> </u>
	nd accurately complete all sections of this form, limit	
1. Insurer Name:	2. Visit/Review Date:	5. FOR INSURER USE ONLY
3. Injured Employee (Patient) Name:	4. Date of Birth:	
6. Date of Accident:	7. Employer Name	8. Initial visit with this physician?
SECTION I CLI	NICAL ASSESSMENT / DETERMINATI	
	last reported visit. If checked, GO TO SECT	TION II.
	b) WORK RELATED nave Objective Relevant Medical Findings? cal findings, shall not be an indicator of injury at	
12. Diagnosis(es):		
contribute more than 50% to the prese a) Is there a pre-existing condition	If findings identified in Item 11 represent an a rape-existing condition? serbation	m 11. a.) UNDETERMINED as of this date exacerbation (temporary worsening) b ₄) UNDETERMINED as of this date sluating or managing this patient? e major contributing cause for: slon? d (management/treatment plan)? d restrictions determined?
 15. LEVEL II - Key issue: regional or ge 	neralized deconditioning (i.e. deficits in stre physical reconditioning and functional rest	ngth, flexibility, endurance, and
	on between patient's complaints and objecti	
both somatic and non-sor	natic clinical factors. Treatment: interdiscipl	
17. LEVEL UNDETERMINED AS OF THIS		
	IANAGEMENT / TREATMENT PLAN stime. If checked, GO TO SECTION IV	
19. No change in Items 20a - 20g since		SO TO SECTION IV
The following proposed, subsequer	nt clinical service(s) is/are deemed medically	necessary.
	REQUEST FOR INSURER AUTHORIZATION	
	specialist. Identify principal physician	1:
Identify specialty & provide ratio a _i CONSULT ONLY	nale: □ a₂) REFERRAL & CO-MANAGE	a ₃) TRANSFER CARE
b) Diagnostic Testing: (Specify)	LI 92/ HET EINCHE & CO-MANAGE	□ all
	opriate box and indicate specificity of service	es, frequency and duration below:
	apy, Chiropractic, Osteopathic or comparable p	hysical rehabilitation.
□ c₂) Physical Reconditioning (L		
	ion Program (Level III Patient Classification)	
Specific instruction(s): d) Pharmaceutical(s) (specify):		
e) DME or Medical Supplies:		
f) Surgical Intervention - specify pr	ocedure(s):	
f ₁) In-Office:		
☐ f₂) Surgical Facility:		
☐ f ₃) Injectable(s) (e.g. pain mar	nagement):	
g) Attendant Care:		

Form DFS-F5-DWC-25 (revised 1/31/2008) Page 1 of

DWC 25

Florida Workers	' Compensat	ion Uniform Medica	Treate	ment/Status Reporting Form - PAGE 2	2		
Patient Name:	5111	D/A:		Visit/Review Date:			
SECTION IV		ICTIONAL LIMITATION					
Assignment of limitations or restrictions must be based upon the injured employee's specific clinical dysfunction or status related to the work injury. However, the presence of objective relevant medical findings does not necessarily equate to an automatic limitation or restriction in function.							
		or restrictions prescribed					
				in detail below, are of such severity that he/she	_		
cannot perform as as of the following	ctivities, even at a	sedentary level (e.g. hosp	pitalization ditional sh	n, cognitive impairment, infection, contagion),			
as of the following date: Us e additional sheet if needed. 23. The injured worker may return to activities so long as he/she adheres to the functional limitations and restrictions							
patient. Identify	joint and/or body	part		pecific limitations and restrictions for this Use additional sheet if needed.			
Functional Activity Bend	Load	Frequency & Durat	tion	ROM/ Position & Other Parameters			
Carry					_		
Climb							
☐ Grasp ☐ Kneel							
☐ Lift-floor > waist				-			
☐ Lift-waist>overhead					_		
☐ Pull							
☐ Push ☐ Reach-overhead							
Sit					_		
☐ Squat]			
Stand							
☐ Twist					_		
☐ Other							
Other choices: Skin Con	tacti Evnoeura: Sa	eneers Hand Daytarity: Co	emitine (Crawl; Vision; Drive/Operate Heavy Equipment;			
Environmental Condition	s: heat, cold, wor	king at heights, vibration;	Auditory;	; Specific Job Task(s); etc.			
NOTE: Any fu	ınctional limitations	or restrictions assigned abo	ve apply to	o both on and off the job activities, and are in			
				modified prior to the appointment date. manent if MMI / PIR have been assigned in Item 24.			
				NT IMPAIRMENT RATING			
24. Patient has achieved	d maximum medic	al improvement?			_		
a) YES, Date:			□ c) A	C) Anticipated MMI date:			
	 d) Anticipated MMI date cannot be determined at this time. 		Future N	Future Medical Care Anticipated: e) Yes f) No			
Comments:					_		
		iting (body as a whole)		art/system: n date of accident - see instructions):			
		b) Other, specify	pased on	date of accident - see instructions):			
			inticipated	d for the work-related injury?			
a) YES		b) NO		ndetermined at this time.			
SECTION VI		FOLLOW-UP					
Next Scheduled	Appointment Da						
SECTION VII		ATTESTATION STAT					
"As the Physician, I hereby	attest that all respon	nses herein have been made	in accorda	lance with the instructions as part of this form, to a are consistent with my medical documentation			
reasonable degree of medi regarding this patient, and h	cal certainty baseu i have been shared w	on objective rerevant medical alth the patient."	l litrumys, a "I cert	are consistent with my medical documentation tify to any MMI / PIR information provided in this form."			
Physician Group:		Date:					
Physician Signature:		Physi	sician DOH License #:				
Physician Name:	4-1-1-1		Physi	ician Specialty:			
(print name) If any direct billable services for this visit were rendered by a provider other than a physician, please complete sections below:							
					_		
"I hereby attest that all responses herein relating to services I rendered have been made, in accordance with the instructions as part of this form, to a reasonable degree of medical certainty based on objective relevant medical findings, are consistent with my medical							
documentation regarding this patient, and have been shared with the patient."							
Provider Signature:		_	Provider DOH License #:				
Provider Name: Date:							

Form DFS-F5-DWC-25 (revised 1/31/2008) Page

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Show by marking the drawing of the back and front of the figures below where you are having most of your:

Aching or pain - XXXXXXXX

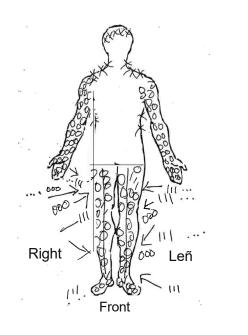
Pins and needles -

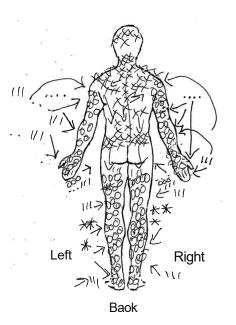
Burning - / /1 / / / / / /

Numbness and tingling - 0000000

Cramping - * * * * * * *

Draw arrows showing where the pain goes or shoots to



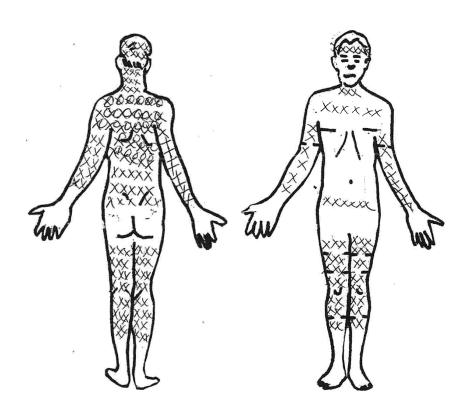


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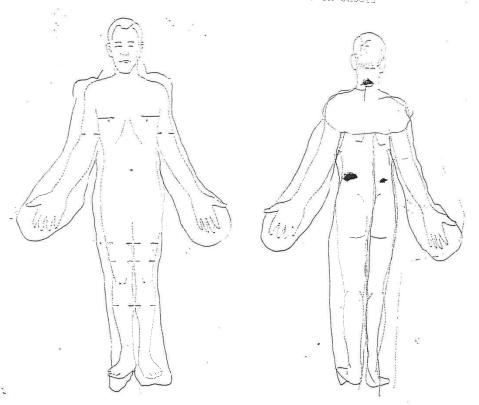
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DRAW ARROWS WHERE PAIN GOES OR SHOOTS



Tels (407) 461-1544

MICHAEL J. BROOM, M.D. MARC R. GERSER, M.D. Specializing in Surgical & Non-Surgical Scienc Care 25 West Kalley St., Suite 200 Crisindo, FL 52806

- Theory of Pain Relativity E=MC²
 - Where
 - E = **E**xaggeration of symptoms
 - M = number of **M**edications they want increased
 - C = Compensation they may expect
- Murphy's First Law of Pain: Anything that is innervated will hurt eventually.
- Murphy's Second Law of Pain: Many things that aren't innervated seem to hurt, too.

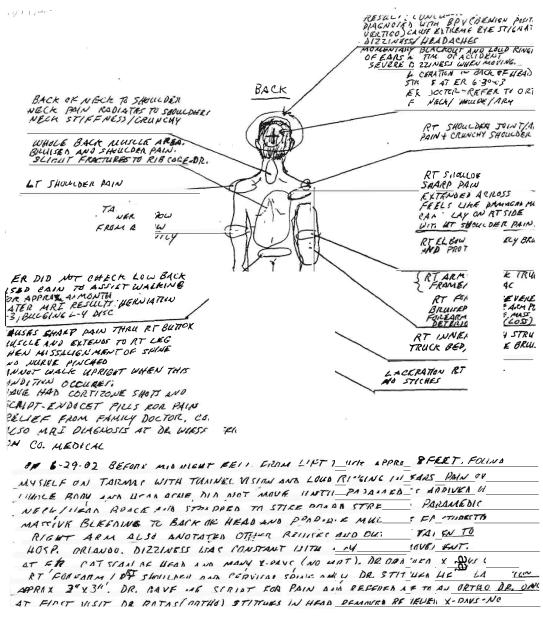
The cure can be worse than the disease

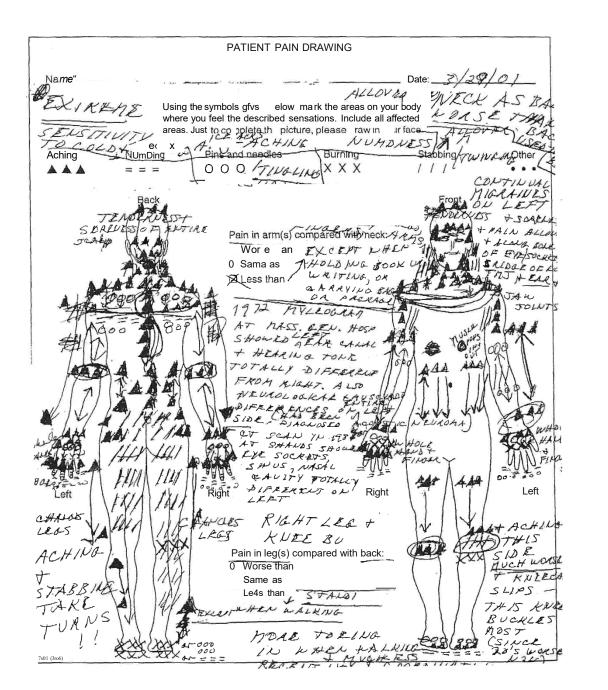
Corollary: The cure can be a new disease

Reverse Corollary: Development of the new disease will cure the old disease, provided the new disease justifies increased medication doses.

- Any time a patient's name is mentioned in a conversation between clinic staff, the patient will call with a problem within two hours.
- If a patient knows a mediation has a 5% chance of causing a side effect, there's a 50% chance they will get that side effect.

<u>Corollary</u>: If they found out on the Internet, the side effect is a virtual certainty.





References

- Florida Workers Compensation Statutes 2024 Chapter 440
- Florida Statute 2024 Chapter 627.736