

# 1st Annual FSPMR Focused Meeting: Agenda At-A-Glance

October 9–10, 2026 | The Wave Hotel Lake Nona



## FRIDAY, OCTOBER 9, 2026 (General Session: Wave Ballroom B & C)

- 3:00 – 3:05 PM **Welcome & Introductions**  
Program Chair: Marc Gerber, MD
- 3:05–3:25 PM **Epidurals and/or Mid-Column Pain**  
Ben Westerhaus, MD  
Interventional Spine & Pain Management Cantor Spine Center at Paley Orthopedic & Spine Institute  
West Palm Beach, Florida
- 3:25 – 3:35 PM Q&A
- 3:35–4:05 PM Poster Presentations and Break With Exhibitors Ballroom A
- 4:05–4:40 PM **Keynote Presentation: Protecting Your Medical License**  
Greg Chaires, Esq.  
Board Certified Healthcare Attorney, Chaires, Brooderson & Guerrero | Orlando, Florida
- 4:40–4:50 PM Q&A

### Exhibit Hall (Wave Ballroom A)

- 3:35–4:05 PM Break with Exhibitors
- 5:00–5:30 PM **Meet & Greet** BOD, Fellows, Program Director & Residents  
Invitation Only – Social
- 5:00–5:30 PM RR – Grab Your Spouse/Family & Head to the Exhibit Hall
- 5:30–6:45 PM Reception with Exhibitors
- 6:45–9:00 PM Friday Night Dinner & Membership Meeting

6:45–9:00 PM

Friday Night Dinner & Membership  
Meeting on the Reflection Lawn

Guest and Vendor Tickets Available

## SATURDAY, OCTOBER 10, 2026

- 7:30–8:00 AM Breakfast with Exhibitors Location: Wave Ballroom A
- 7:30–8:00 AM Poster Presentations Location: Wave Ballroom B & C
- 8:00–8:05 AM Welcome & Introductions Program Chair: Marc Gerber, MD Location: General Session/Ballroom B & C
- 8:05–9:30 AM **5 RESIDENT PRESENTATIONS** Expert Panel: Diana Hussain, MD; Craig Lichtblau, MD; Andrew Dubin, MD
- 8:05–8:20 AM (#1) **5 Neuro Deficits After Roux-en-Y: A DX Challenge Presenting as a Stroke-Like Episode**  
Arinze Ochuba, MD; Adrian Ybanez, DO | University of Central Florida/HCA FL West Hospital
- 8:20–8:35 AM (#2) **Current Evidence on Tennis Equipment and Upper Extremity Injury Risk: A Scoping Review**  
Apollo Tran, DO | USF Morsani College of Medicine/HCA Blake Medical Center, Bradenton
- 8:35–8:50 AM (#3) **Atraumatic Central Cord Syndrome**  
Elisa Chaparro, MD; Sophia Draughon, MD | Larkin Community Hospital
- 8:50–9:05 AM (#4) **Malignancy Beyond the Mass: A Case of Paraneoplastic Dermatomyositis, Dysphagia, & Functional Freefall**  
Sydney Woods, MD | Mayo Clinic Jax/Brook
- 9:05–9:20 AM (#5) **Botulinum Toxin Type A Chemodenervation for Iliopsoas Tendinopathy Post Anterior Total Hip Arthroplasty**  
H. Nagnala | Larkin Community Hospital Withdrew
- 9:20–9:30 AM Q&A

|                   |                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                 |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:30–9:50 AM      | <b>Keynote Part 1: His Story</b><br>Munjed Al Muderis, MD, Professor/Orthopaedic Surgeon,<br>Paley Orthopedic & Spine Institute, West Palm Beach, Florida                                                                                                                                                                                                                   | <div>LUNCH PROGRAM</div> <div>12:10–1:05 PM</div> <div>Location: General Session</div> <div>Journavz Oral Non Opioid for Treating Moderate – Severe – Acute Pain</div> <div>Jay (Aashish) Kumar, MD<br/>Anesthesiologist and Interventional Pain Medicine Specialist<br/>Spine &amp; Pain Specialists of the Carolinas, PLLC Charlotte, NC</div> <div>SPONSORED by Vertex</div> |
| 9:50–10:20 AM     | <b>Poster Presentations</b> Location: General Session<br><b>Break with Exhibitors</b> Location: Exhibit Hall                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                 |
| 10:20–10:40 AM    | <b>Keynote Part 2: Osseointegration</b><br>Munjed Al Muderis, MD, Professor/Orthopaedic Surgeon<br>Paley Orthopedic & Spine Institute, West Palm Beach, Florida                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                 |
| 10:40–10:50 AM    | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 10:50–11:10 AM    | <b>EMG in Orthopedics: Navigating Overcalls and Undercalls</b><br>Rebecca McConnell, DO, Physician Associate, Rothman Orthopaedic Institute<br>Orlando Florida                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                 |
| 11:10–11:20 AM    | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 11:20 AM–12:00 PM | <b>Keynote: Federal/Legal   Avoid Black &amp; White Stripes</b><br>Jennifer Bolen, JD                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                 |
| 12:00–12:10 PM    | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 12:10 –1:05 PM    | Lunch Program                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                 |
| 1:05– 1:15 PM     | <b>RR Break</b> Location: B&C                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                 |
| 1:15–1:35 PM      | <b>Neuromuscular – Mimics and Masqueraders</b><br>Andrew Dubin, MD, Chair, Department of PM&R, Clinical Professor of PM&R, University of Florida, Gainesville, Florida                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                 |
| 1:35–1:45 PM      | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 1:45–2:05 PM      | <b>Latest Evidence on Transcutaneous Spinal Cord Stimulation</b><br>Kenneth Ngo, MD, Medical Director, Brooks Rehabilitation Hospital, Jacksonville, Florida                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                 |
| 2:05–2:15 PM      | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 2:15–2:35 PM      | <b>AP Spine: Studying Anterior versus Posterior Column Low Back Pain</b><br>Brian Goldberg, MD, Physician Associate, Rothman Orthopaedic Institute, Orlando, Florida                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                 |
| 2:35–2:45 PM      | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 2:45–3:05 PM      | <b>Exercise and Rehabilitation in Bone Metastases: Restoring Function Safely</b><br>Diana Molinares, MD, Associate Professor; Director of Oncology Rehabilitation Medicine, SCCC,<br>Program Director, Physical Medicine and Rehabilitation Residency, Department of Physical Medicine and<br>Rehabilitation, University of Miami Miller School of Medicine, Miami, Florida |                                                                                                                                                                                                                                                                                                                                                                                 |
| 3:05–3:15 PM      | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 3:15–3:35 PM      | <b>Regenerative Medicine in PM&amp;R: Separating Science from Hype—Evidence, Mechanisms, &amp; Clinical Reality</b><br>Diana Hussain, MD, Founder and CEO, Florida Wellness and Regenerative Medicine, Orlando, Florida                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                 |
| 3:35–3:45 PM      | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 3:45–4:00 PM      | <b>RR &amp; Beverage Break</b> Location: B&C<br><b>PSA Announcement:</b> Marc Gerber, MD, Board-Certified Psychiatrist and Owner, MRG Rehabilitation & Pain Management, Orlando, FL                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 4:00–4:20 PM      | <b>Resident Awards Presentations &amp; Photos</b><br>Expert Panel: Diana Hussain, MD; Craig Lichtblau, MD; Andrew Dubin, MD                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                 |
| 4:20–4:40 PM      | <b>Unlocking the Hip: A Practical Approach to the Diagnosis and Management of Hip Pain</b><br>Tunc Kiyamaz, MD, Sports Medicine Physician, Rothman Orthopaedics Institute, Orlando, Florida                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                 |
| 4:40–4:50 PM      | Q&A                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                 |
| 5:00 PM           | Adjourn                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                 |